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# DAVIS COUNTY HEALTH DEPARTMENT

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## **News Release**

For Immediate Release: Monday, March 27, 2006 DCHD NR 2006-009 Contact: Bob Ballew Public Information Officer Office: (801) 451-3501

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**Spring Into Action: Partners Offer Exam Incentive** 

(Farmington, Utah) – With the arrival of spring and flowers starting to bloom, the Davis County Health Department – along with J & L Garden Center as its partner – encourage women to "spring into action" by getting an annual cancer-screening exam.

Of the estimated 45,000 women in the United States who will die from breast or cervical cancer this year, nearly 250 will be Utahns. Studies show that early detection of breast and cervical cancer saves lives.

According to Melody Badali, a nurse-screener with the county health department, "Mammography is the best way to detect breast cancer in its earliest, most treatable stage. Without mammography, a woman may average another one-to-three years before she might even feel a lump. Most cervical cancer deaths also could be avoided if women had regular checkups with a Pap test."

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The Davis County Health Department offers free or reduced-cost breast and cervical cancer screenings to qualifying women. The exam – conducted by a female registered nurse – includes a clinical breast exam, a Pap test, pelvic exam, and a free mammogram voucher for those who are eligible. Many women qualify for the free or reduced-cost screenings – even those with some health insurance.

Screening appointments are available weekly in the south part of Davis County. Every Monday, screenings are offered at the Davis County Health Department's clinic located at 596 W. 750 S., Woods Cross City. Screenings are also offered the first Thursday of every month at Lakeview Hospital, 620 E. Medical Drive, Bountiful, with mammograms available at the time of the exam.

Women who "spring into action" during April or May by getting an exam at either of the health department's south Davis area clinics will receive a flower – compliments of Bountiful's J& L Garden Center.

For more information or to schedule an appointment, call 451-3230.

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